

FREE Family Learning Courses and workshops 2024/25



AFTER SCHOOL CLUBS – 90 minute workshops for families

Availability: weekdays from 3pm

- Navigating the world of prepaid cards and debit cards for children
- Family cookery workshops (pizzas or energy balls)
- Family craft workshops (making board games or origami)
- Yoga for Families



PARENTING SKILLS – 2 hour classes x 5 weeks for parents

Availability: Mon, Tues, Weds or Thurs between 09:30 and 14:30

- Calm Parents, Calm Children
- Raising Resilient and Confident Children



SUPPORTING YOUR CHILD'S LEARNING – 2 hour classes x 5 weeks for parents

Availability: Mon, Tues, Weds or Thurs between 09:30 and 14:30

- Keeping up with the children in Maths or English
- Everyday English for Parents (ESOL)
- Understanding Coding



LIFE SKILLS & WELLBEING – 2 hour workshops for parents

Availability: Mon, Tues or Weds between 09:30 and 14:30

- E-Safety
- Making the most of AI and Chat GPT
- Budgeting/Saving Money on Your Food Shopping
- Yoga for busy parents



DIGITAL SKILLS COURSES – 2 hour classes x 5 weeks for parents

Availability: Mon, Tues or Weds between 09:30 and 14:30

- Microsoft Word
- Microsoft Excel
- Using Canva to produce posters, videos and social media content



CAREER BASED WORKSHOPS – 2 hour workshops for parents

Availability: Mon, Tues, Weds or Thurs between 09:30 and 14:30

- Exploring a career in Customer Service
- Working with Food and Food Safety